



聖潔生命會(香港分會)瑜伽中心

The Divine Life Society (Hong Kong Branch) Yoga Centre

Bhajans Course 1

March 2012

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PRAYER BEFORE STUDIES

Mother Saraswati is the goddess of wisdom, as well as the arts. She is the energy of speech and the power behind our thought processes.



(Maa) Sa-ras-wa-tee Na-mas-tu-bhyam

O Goddess Saraswati, salutations to You,

Va-ra-deh Kaa-ma-roo-pi-nee

Giver of boons and one who fulfills all desires.

Vid-hyaa-rum-bum Ka-rish-yaa-mee

As I begin my studies,

Sid-dhir-bha-va-tu Meh Sa-daa

(Bless me so that) success may always be mine.

Om Shree Ma-haa Sa-ras-wa-tyey Na-ma-ha



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SHREE GANESH BHAJANS

Lord Ganesh is the remover of all obstacles, who grants us success in all our noble endeavours and puts us on the road towards pure auspiciousness.

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Ga-ne-sha Sha-ra-nam, Sha-ra-nam Ga-ne-sha (4x)
Vaa-gee-sha Sha-ra-nam, Sha-ra-nam Vaa-gee-sha (4x)
Saa-ree-sha Sha-ra-nam, Sha-ra-nam Saa-ree-sha (4x)
Gur-dev-a Sha-ra-nam, Sha-ra-nam Gur-dev-a (4x)



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Gou-ree Ga-nesh, U-maa Ga-nesh / Paar-va-tee Nan-da-na, Shree Ga-nesh
Sha-ra-nam Ga-nesh, Sha-ra-nam Ga-nesh
Shiv Nan-da-na Ga-na-pa-tee Ga-nesh

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Ga-jaa-na-naa Hey Shub-haa-na-naa / Gou-ree Ma-no-ha-ra Pree-ya-nan-da-naa
Pa-shu-pa-tee-ta-na-yaa Ga-jaa-na-naa / Pa-ra-ma Ni-run-ja-na Shub-haa-na-naa





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SHREE RAAM BHAJANS

Lord Raam and Mother Sita represent the Way of Man. They are model characters, ideal human beings who show us by Their own example how to live our life with virtue.

105



Shree Raam, Jai Raam, Jai Jai Raam (4x)

Suth Naam, Suth Naam, Suth Naam Jee

Vaa-heh Gu-ru, Vaa-heh Gu-ru, Vaa-heh Gu-ru Jee

106

Raghu-pa-tee Raa-gha-va Raa-jaa Raam / Pa-teet-a Paa-va-na See-taa Raam

Seetaa Raam, Seetaa Raam, Bha-ja Pyaa-reh Tu Seetaa Raam
Seetaa Raam, Seetaa Raam, Bha-ja Mann Pyaa-reh Seetaa Raam

(REFRAIN)

Eesh-wa-ra Al-laah Te-reh Naam / Sa-ba-ko San-ma-tee Deh Bha-ga-vaan

(REFRAIN)



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Raam Raam, Raam Raam, Raam Raa-jaa Raam / Raam Raam Raam, See-taa Raam Raam Raam

(going higher) Raam Raam Raam, See-taa Raam Raam Raam

See-taa Raam Raam Raam

Raa-dhe Shyaam Shyaam Shyaam

(falling) Raam Raam Raam, See-taa Raam Raam Raam

Jai Jai Raam, Go-vin-da Ha-ree Ha-ree

(higher) Jai Jai Raam, Go-vin-da Ha-ree Ha-ree



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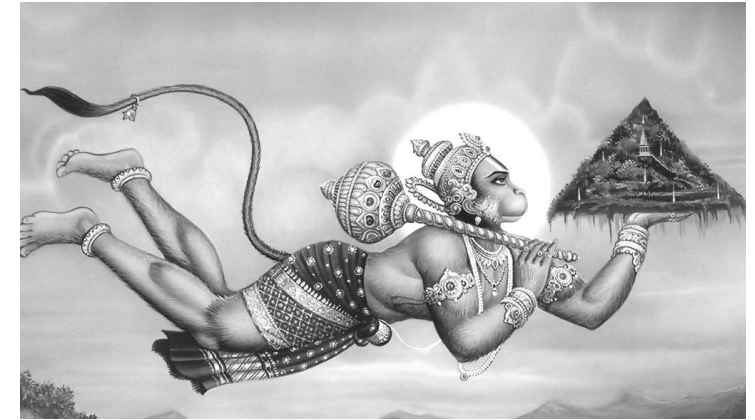
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SHREE HANUMAAN BHAJANS

Shree Hanumaan, considered a manifestation of Lord Shiva, is the ideal devotee. In knowledge (gyaan), devotion (bhakti) and service (seva), He is complete. Thus He also represents the Guru.

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Veer	Maa-ru-tee,	Gum-bheer	Maa-ru-tee
Dheer	Maa-ru-tee,	A-tee Dheer	Maa-ru-tee
Geet	Maa-ru-tee,	San-geet	Maa-ru-tee
Dhoot	Maa-ru-tee,	Raam Dhoot	Maa-ru-tee
Bhak-ta	Maa-ru-tee,	Pa-ra-ma Bhak-ta	Maa-ru-tee



109

(REF) Veer Ha-nu-maa-naa A-tee Ba-la-vaa-naa, Raam Naam Ra-see-yaa-reh, heh heh heh heh!
Veer Ha-nu-maa-naa A-tee Ba-la-vaa-naa, Pra-bhoo Ma-na Ba-see-yaa-reh, ho ho ho ho!

Rag-hu-pa-tee Raa-gha-va Raa-jaa Raam, Pa-tee-ta Paa-va-na See-taa Raam (2x)

(REFRAIN)

Seetaa Raam, Jai Seeta Raam, Pateeta Paavana Seetaa Raam (2x)

(REFRAIN)

Raam Laksh-man Jaa-na-kee, Jai Bolo Hanumaan Kee (2x)

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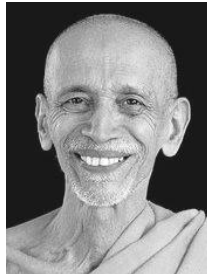
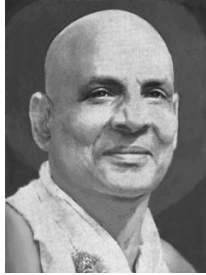


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GURU BHAJANS

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Gu-ru De-vaa, Sha-ra-nam De-vaa
Paa-hi Pra-bho, Sha-ra-nam De-vaa
Sun-da-ra Roo-paa, Shree Gu-ru De-vaa
Heh Shi-vaa-nan-daa, Shree Gu-ru De-vaa
Heh Chi-daa-nan-daa, Shree Gu-ru De-vaa
Shree Gu-ru De-vaa, Shree Gu-ru De-vaa
Sha-ra-nam, Sha-ra-nam, Sat-gu-ru De-vaa

111

(REF) Ma-na Meh Prem Bha-ro, Gu-ru Kaa Dhyaa-na Ka-ro
Gu-ru Kaa Dhyaa-na Ka-ro, Sat-gu-ru Ke Cha-ra-na Dha-ro

Ma-na Meh Shra-dhaa Rak-ho, Gu-ru Kee Se-vaa Ka-ro
Gu-ru Kee Se-vaa Ka-ro, Sat-gu-ru Ke Cha-ra-na Dha-ro

(REFRAIN)

Ma-na Meh Shaan-tee Bha-ro, Gu-ru Kaa Sma-ra-na Ka-ro
Gu-ru Kaa Sma-ra-na Ka-ro, Sat-gu-ru Ke Cha-ra-na Dha-ro

(REFRAIN)



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SHREE KRISHNA BHAJANS

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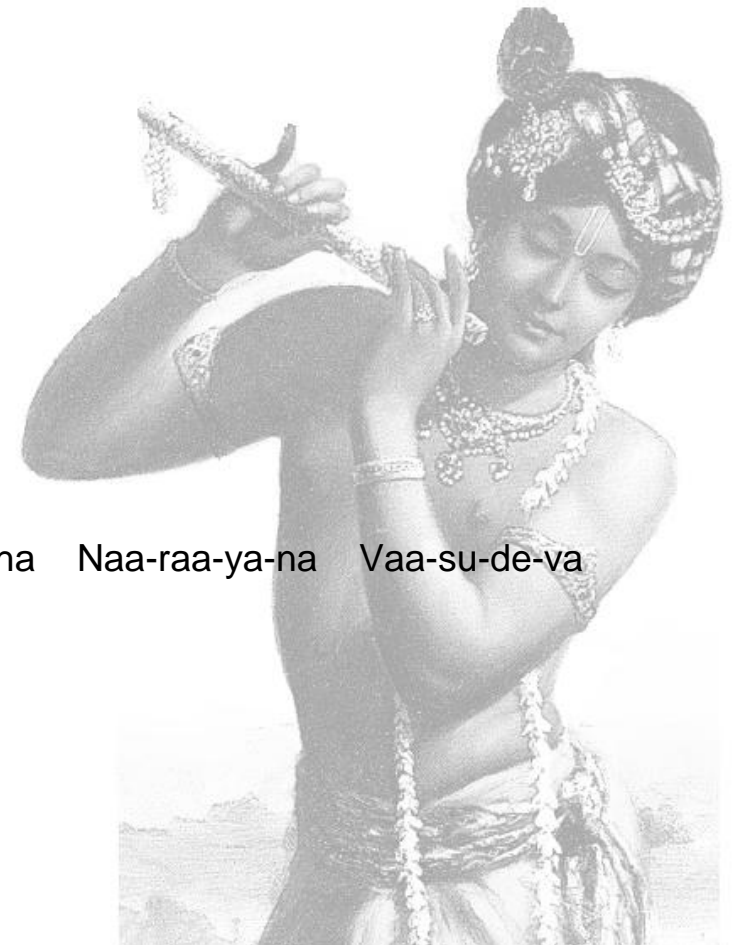
Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol / Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol
(higher) Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol / Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol
(original) Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol / Jai Jai Raa-dhaa Ra-ma-na Ha-ree Bol

(rising or falling)

Haree Bol, Haree Bol, Haree Bol, Haree Bol
Krishna Bol, Krishna Bol, Krishna Krishna Krishna Bol
Raam Bol, Raam Bol, Raam Raam Raam Bol
Shiv Bol, Shiv Bol, Shiv Shiv Shiv Bol
Haree Bol, Haree Bol, Haree Haree Haree Bol

113

Shree Krish-na Go-vin-da Ha-rey Mu-raa-ree / Hey Naa-tha Naa-raa-ya-na Vaa-su-de-va
(higher) Shree Krish-na Go-vin-da Ha-rey Mu-raa-ree
Ha-rey Mu-raa-ree, Ha-rey Mu-raa-ree
(original) Hey Naa-tha Naa-raa-ya-na Vaa-su-de-va





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LORD SHIVA BHAJANS

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Om Shi-vaa-yaa, Om Shi-vaa-yaa
Shum-bho Shan-ka-ra Om Shi-vaay
(up, then down) Shum-bho Shan-ka-ra Om Shi-vaay
Shi-va Shum-bho Shan-ka-ra Om Shi-vaay
Ha-ra Gou-ree Shan-ka-ra Om Shivaay
Shi-va Ha-ra Ha-ra Ma-haa-dev Om Shivaay
Ha-ra Bum Bum Bo-lo Om Shivaay

Om Shi-vaa-yaa, Om Shi-vaay

115

Shum-bho Shan-ka-ra De-vaa, Bho-leh Baa-baa Ma-haa-de-vaa, Bho-leh Baa-baa Ma-haa-de-vaa
Paa-hi Pra-bho Sha-ra-nam De-vaa (2x)
(build-up) Ha-ra Ha-ra Gung-gey Ma-haa-de-vaa
Shi-va Shi-va Gung-gey Ma-haa-de-vaa
Om Ha-ra Ha-ra Gung-gey Ma-haa-de-vaa